

**FOR IMMEDIATE RELEASE
MEDIA CONTACT:**

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I am a Woman

Photos and stories from Mary Sue Englund's book, I am a Woman

SAINT PAUL, Minn. (March 8, 2017) – Minnesota native, Mary Sue Englund is the author of *I am a Woman*, the companion book to her song of the same name. Landmark Center is excited to host an exhibition featuring photography and excerpts from the book. The exhibit opens in Landmark Center's North Gallery on March 30, with a reception from 5-7 p.m. and a special performance from Englund herself. It runs through April 15.

The book and its exhibition share the stories of amazing women: some famous, some who quietly changed lives behind the scenes, and some who climbed their own mountains, faced their fears, chased their dreams and became heroines of their times. Englund believes every woman needs to celebrate her own unique gifts. *I am a Woman* honors the women we love and the women we aspire to be, and it speaks to the wonders of being a woman. Whether fighting an illness, struggling through loss, making a life change, or watching their children grow, Englund hopes that *I am a Woman* reminds women of all ages of their own grace and courage.

"I am proud to be a woman and I am proud to be included in this wonderful book of inspirational women. I hope to always be an inspiration not only to other women but to the world," wrote country music legend, and one of the women featured in the book and the exhibit, Dolly Parton.

In addition to the book, Englund started a gifting program, donating *I am a Woman* books to hospitals and organizations serving women. "I find great joy in placing this book in the hands of a woman who needs encouragement and inspiration," she explained.

Award-winning singer/songwriter and multi-instrumentalist, Mary Sue Englund has graced the stage of the Grand Ole Opry for more than a dozen years. She currently tours around the world with country music divas Pam Tillis and Lorrie Morgan, playing piano, violin, guitar and singing harmony. A passionate tunesmith, Englund has penned four full-length albums to date, and is finishing her fifth. Flavored with lyrical folk rock, country, and Americana essences, "Joyful Noise and Songs for the Soul" will be released in late spring of 2017. *I am a Woman* is published by Jane's Parade Books, a new division of Minnesota's own Afton Press.

About Landmark Center

Landmark Center is a dynamic, historic cultural center and central gathering place in downtown Saint Paul. It is owned and sponsored by Ramsey County and managed by Minnesota Landmarks, the nonprofit programming and management agency for the building. Landmark Center is located at 75 West 5th Street, on Rice Park and is accessible to those with impaired mobility. Parking is available on street and in nearby Lawson, Science Museum and RiverCentre Ramps. For more information call 651.292.3063 or visit www.landmarkcenter.org.

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