Black Sea Odyssey

LANDMARK CENTER AND ETHNIC DANCE THEATRE VIRTUAL EVENT 2022
For seven years, Landmark Center and Ethnic Dance Theatre (EDT) have collaborated to create festivals honoring some of the lesser-known ethnic communities that live in the Twin Cities, starting with three years of the Carpathian Mountains Basin and three years focusing on the ethnic groups of the Balkan Peninsula.

In this year’s festival, Black Sea Odyssey, we celebrate the unique traditions and history of the many ethnic groups who make the Black Sea their home. In the Twin Cities area, we know of communities of Bulgarians, Romanians, Russians, Ukrainians, Turks and Georgians.

Currently, two of these countries are at war. We at EDT wish to support our Ukrainian friends at this difficult time, without vilifying our Russian friends here. Through our performances, we wish to honor the inherent beauty of all folk cultures. We have been privileged to get to know and learn from them over the last five decades.

Now, along with our sponsors Ecolab, Xcel Energy, Hubbard Broadcasting and Ramsey County, we invite you to enjoy the music and dance, make some of the foods, try the wines, and learn about some of the unique traditions that are observed at this time of the year.

Dobre Doshli! Bine ati venit! Laskovo prosymo! Dobro pozhalovat! Hoş geldin! Mogesalmebit! Welcome!
Virtual Concert and Video Welcome from Don LaCourse

Virtual Concert Part 1:
https://youtu.be/ZX1_ZJ1MCVA

Virtual Concert Part 2:
https://youtu.be/kdwVwEwHs6I
Black Sea Odyssey

FLAGS OF THE COUNTRIES SURROUNDING THE BLACK SEA
Bulgaria
Ukraine
Russia
Turkey
Georgia
Recipes to Try at Home

Ukrainian Holubtsi or Stuffed Cabbage Rolls
https://www.youtube.com/watch?v=LmHpoqvrzhs&list=PLuFzNHfvdcxhC2_cogS7K9bdETBHycrn&index=1&t=25s

Turkish Piyaz / White bean salad / Vegan
https://www.youtube.com/watch?v=LFRxu0abXIA&list=PLuFzNHfvdcxhC2_cogS7K9bdETBHycrn&index=2

How To Make Romanian Mămăligă
https://www.youtube.com/watch?v=U1Li-qWh_co&list=PLuFzNHfvdcxhC2_cogS7K9bdETBHycrn&index=3
Recipes to Try at Home cont.

Easy Georgian Khachapuri Recipe
https://www.youtube.com/watch?v=w-gNRze8jnc&list=PLuFzNHfvcdcxhC2_cogS7K9bdETBHycl&index=4

The Traditional Bulgarian salad / Shopska salata
https://www.youtube.com/watch?v=KEF2DqG5pc0&list=PLuFzNHfvcdcxhC2_cogS7K9bdETBHycl&index=9

How To Make Russian Pelmeni
https://www.youtube.com/watch?v=ZRRVsePBx4U
Georgia's Ancient Wine History

https://www.youtube.com/watch?v=PhHPxpiTqR8

My grandma's recipes: hot rakia with honey (Bulgarian brandy)

https://www.youtube.com/watch?v=O-RZlog82gw&list=PLuFzNHfvcdcxhC2_cogS7K9bdETBHyctn&index=6

Wines of Romania - Four Thousand Years in the Making

https://www.youtube.com/watch?v=C5isioQlf7Q
Adult Beverages cont.

Bulgarian Wine: Melnik Region
https://www.youtube.com/watch?v=uIr8gpMn4BA&t=58s

How to make Rakia (Plum Brandy)
https://www.youtube.com/watch?v=w0irzi1qByl
Costumes of the Countries on the Black Sea

Georgian Woman's Traditional Clothing
https://www.youtube.com/watch?v=YA9Px8GzO6k&list=PLuFzNHfvcdxhC2_cogS7K9bdETBHycn&index=11&t=33s

Ukrainian folk costume presentation
https://www.youtube.com/watch?v=Bc8kccoCkdM&list=PLuFzNHfvcdxhC2_cogS7K9bdETBHycn&index=17

Romanian folk traditional clothing part 1
https://www.youtube.com/watch?v=tmOYdEhBa_g&list=PLuFzNHfvcdxhC2_cogS7K9bdETBHycn&index=12

Romanian folk traditional clothing part 2
https://www.youtube.com/watch?v=_-Pi046FUg&list=PLuFzNHfvcdxhC2_cogS7K9bdETBHycn&index=13
Bulgarian Folk Costumes

https://www.youtube.com/watch?v=KrIt24aCSmw&list=PLuFzNHfvcdcxhC2_cogS7K9bdETBHycrn&index=14

Russia: Impressive Folk Costumes brings witness to history

https://www.youtube.com/watch?v=dZBAjcMD9MM&list=PLuFzNHfvcdcxhC2_cogS7K9bdETBHycrn&index=16

Traditional Turkish clothes

https://www.youtube.com/watch?v=b2_0tYCLwxM&list=PLuFzNHfvcdcxhC2_cogS7K9bdETBHycrn&index=22
Arts and Traditions

Martisor
https://www.youtube.com/watch?v=UehbqJYK1j0&list=PLuFzNHfvdcxhC2_cogS7K9bdETBHycn&index=18

Lazaruvane Gamzovo (Bulgarian Easter Custom)
https://www.youtube.com/watch?v=zv-Y9pN62O0&list=PLuFzNHfvdcxhC2_cogS7K9bdETBHycn&index=7

Russian Holidays - Maslenitsa
https://www.youtube.com/watch?v=QmM9_28d1VY
Arts and Traditions cont.

Turkish Spring celebration, Hıdrellez
https://www.youtube.com/watch?v=vT4_4aOAD6E

Rituals and Romance: Ivan Kupala in Ukraine
https://www.youtube.com/watch?v=6d2WR_hUK5I

Four Georgian Traditions
https://www.youtube.com/watch?v=gwEevd1Qya4
Local Community Churches, Organizations and Supermarkets of Black Sea Countries

- St. Mary Romanian Orthodox Church
- St. Stefan Romanian Orthodox Church
- St. Panteleimon Russian Orthodox Church
- St. Constantine Ukrainian Catholic Church
- St. Katherine Ukrainian Orthodox Church
- St. Michael & St. George Ukrainian Orthodox Church
- Ukrainian American Community Center
- Turkish American Association of Minnesota
- Turkish American Society of Minnesota
- Bulgarian School of Minnesota – “Saints Cyril and Methodius”
- Balkanicus Institute for Balkan Art, Culture and History (BIBACH)
- Heritage Organization of Romanians in Minnesota
- Bill’s Imported Foods